



CODE OF COOPERATION

Your health is our top priority and in accordance with Government orders and guidelines, we are pleased to announce a carefully planned, comprehensive approach to reopening. We will work together, staff and members to cooperatively improve everyone's well-being.

WE ARE:

Preparing for Your Return

In addition to following Australian and State Government guidelines, Oceans Edge Health Club is taking extra precautions to help our members and staff stay safe and healthy. This includes extensive cleaning protocols and social/physical distancing practices within all areas of the gym.

Taking A Comprehensive Approach

We continue to follow stringent protocols for proper cleaning, disinfection and sanitation, operations and maintenance, as well as adding additional procedures to achieve a new level of cleanliness.

Providing Self-Cleaning and Sanitising Stations

Hand Sanitising stations have been strategically located with spray and wipes in close proximity to all equipment. Alcohol based hand sanitiser units are conveniently located throughout the club. Please use them.

Implementing A Safer Way to Be Together

We are taking careful actions to facilitate social/physical distancing. Look for extra signs to guide you through each space and help us all practice social/physical distancing.

Providing Additional Equipment Spacing

You will likely notice increased spacing between equipment and within workout areas to allow for appropriate social/physical distancing. Additional signs will instruct you to respect each other's distance and use only certain pieces of equipment.

Modifying Group Fitness Classes

Due to regulations and guidelines provided, we will be limiting attendance to Group Fitness classes. Group fitness classes may require bookings, and schedules will be adjusted to be consistent with Government orders and guidelines and to allow for thorough cleaning between classes. We have put an interim timetable in place that still allows for the most popular styles of classes along with the instructors you are familiar with. (See timetable) Look for roof indicators in your class, placed 1.5m apart to help practice social/physical distancing. Equipment, when applicable, will be laid out for you at the beginning of class. Classes will be spaced to allow for the sanitising of the room and equipment. More information on how to make class bookings will be coming soon.

Adjustments to Creche

Depending on Government restrictions, we will open our Creche when we are permitted. A clean, safe environment is always a top priority for our little members. Extra effort will be made to clean, sanitise and disinfect several times throughout the day. Bookings will continue to be required.

Modifying Change Rooms

Depending on Government restrictions, we will open our showers and lockers when we are permitted. However, use of the toilets and sinks are permitted. Please be mindful of social distancing space when entering and exiting and using lockers. We will perform frequent sanitization of shared surfaces throughout the day using virus-killing disinfectants.

Providing a More Personal, Personal Training Experience

During Personal Training sessions your trainer will clean and wipe down each piece of equipment before and after each use. To protect members and Trainers, we will practice social/physical distancing of 1.5m during 1:1 sessions and eliminate any physical contact. Training may be done outdoors or in areas of the club to help encourage health and safety.

WE ASK THAT OUR MEMBERS AND CASUAL VISITORS:

Respect Physical/Social Distancing

We know you are excited to see your workout buddies again. However, we ask that everyone avoid any person-to-person contact, including first bumps, shaking hands, high fives and hugs. You can cheer on your fellow athletes and workout buddies from a distance. For the health and safety of all members and staff, please take social/physical distancing seriously and abide by club signage and equipment selections. Where signage is not posted, please adhere to the minimum 1.5m rule.

Take A Concerned Approach & BRINGING A TOWEL

Towels must be used on ALL pieces of equipment – we will be enforcing a NO TOWEL NO WORKOUT Policy. In addition, please utilise the Sanitation Stations that have been provided and strategically placed throughout the facility. Both before and after using a piece of equipment, please take the time to wipe it down thoroughly and dispose of the items properly in the provided bins. If you are unsure of how to properly use the disinfectant, please ask a team member for assistance.

Sanitise Often

Upon entering the facility, please sanitise your hands immediately and make good use of our Sanitation Stations throughout the facility during your workouts. Wash your hands with soap and warm water for at least 20 seconds prior to leaving the facility and for good measure sanitize them again as you leave.

Help Us, Help You

If you see something, say something. No, we are not asking that you approach other members and enforce our code, but if you see a piece of equipment or part of the facility that may need some attention, please notify us immediately. The more eyes we have monitoring the facility, the better we can serve you. If for some reason you feel as though there is a safety concern in regard to another member not doing their part, please do not approach them, but instead, notify us so we may address it.

Be Patient with Others

The club should be a safe haven and welcoming environment for all. This includes our hard working and caring staff members. Please understand that with some of these new guidelines you may need to wait a little longer for assistance or will be required to adjust your schedule or workouts. We ask that you treat all other members and our staff with respect and dignity and appreciate your patience as we navigate this new terrain together. And as always, should you have a suggestions, please let us know.

Self-Regulate Your Health

We are not medical professionals, but are required to follow local, state and federal guidelines for health and safety. Therefore, if you have SYMPTOMS OF ANY KIND: fever of any degree, cough, runny nose, etc. Please do not come to the club. STAY HOME. Seek the help of a medical professional before resuming your workouts here at the gym. If for some reason you do test positive for COVID19 and have visited the gym, please notify us immediately so we can take even further action for the safety of our fitness family.

Use of Creche

If you need to utilise the services of our Creche, we ask that you understand our need for strict adherence to our NO SICK CHILD policy. Each child may be subject to a Temperature Check, and if we suspect or notice any possible symptoms: cough, fever, runny nose- we will deny entry and ask for your understanding in the matter. Limited reservations may be required so please be understanding and patient with this process. We are highly sensitive to the needs of our young members and appreciate your cooperation.

Understand Your Responsibility

By returning to the facility, I understand that I must do my part to help keep the facility open, and to keep myself and my fellow members and staff safe and healthy. I agree to abide by the Code of Cooperation and in light of the COVID-19 pandemic, I reaffirm the Waiver which I executed on my original Member Agreement, and voluntarily assume the risk of use of these facilities.

As we navigate through the reopening of our gym, there will likely be some new challenges and adjustments to daily operations.

Amenities and programming will vary with time and be consistent with governmental orders and guidelines. We appreciate your help and understanding as we work through this time together.